

**NEW YEARS 2007 - WORDS OF POWER
FROM BARBARA WILDER
TIME TO CREATE A NEW EARTH**

Invitation to Opening Party for my new meditation and healing center
in Boulder on Jan. 14 – 4:00 - 7:30
(See all the details in Upcoming Events below)

Dear Friends in the light,

HAPPY NEW YEAR!! What a new year this is! The energy is lining up. Everything we have ever needed is supporting us now. If you don't believe it, you're not spending enough time in meditation and quiet contemplation. Open your hearts now, and let the light in. It's shining for you, and for everyone on this planet. Turn away from the constant stream of news about war, hate, and fear, and turn inward to your own soul, and you'll see the true beauty that reigns within you. And when you can see this beauty, feel this beauty, experience the beauty of your own divine presence, then you can turn back to the world and express this love and light into your communities, and your light will cause waves of light to ripple across your town, your country, and your world. You are the creators of a new earth. An earth that is ready, just ask her, for your participation in this lovely transformation.

Personally, I find myself being helped by beings both on this plane and other planes of existence, who have been my nemeses in the past. Look around you. See if someone is reaching out to help you.

Look into your soul and ask yourself what it is you truly, deeply, madly, want to create in your life, and then do it. You don't have to wait any longer. It is time. Embrace your deepest truth and your most glorious self. There's no more time for being small. Be your bigness. The steps to this may not be grand in the world's terms, but that's not the measurement any more. The new measurement of what is big and glorious is in your own soul. It is what feels huge in your heart. It's what makes your heart feel like it's bursting out of your chest and out through your back.

Get out of your head. Get into your heart and your gut. That is where the power lies.

"This is not the time to stay at home, but to go out and give yourself to the garden. The dawn of joy has arisen, and this is the moment of union, of vision."

-Rumi-

MEDITATION (This is the same meditation, with a slight variation at the end, that I sent last time, but it is so right for today, that I had to send it again.)

Find a very comfortable place where you can sit quietly for a few minutes. Let yourself settle into the chair or couch. Feel yourself relaxing a little deeper into the chair. Feel that you're being held and supported by the chair. Now, expand your awareness to experience that you are also being held and supported in the arms of the Divine Mother. Allow yourself to feel Her breath breathing with your breath, Her heart beating with your heart, and Her blood, Her rivers and oceans and tides, flowing with your blood. And surrender to the flow. Let your heart open to the great love She has for you, for just being you. Allow your heart to open a little more, and experience Her deep appreciation for your presence on Her beautiful planet.

Now enter your heart chakra. This is a metaphysical place within your body at the tip of your sternum. Explore your heart chakra. Walk around in it. Feel the love that flows through it. Be aware of the fears that also live here. Now, think of turning on a Ruby Red light, and let that light flood through your heart chakra and into your actual heart. Let the light bathe your heart chakra and your heart in pure love and emotional healing. Now feel your heart and your heart chakra beginning to expand so that it can hold your divine purpose. Then let go of all thought, and simply feel the expansion.

Sit with this for a few minutes continuing to open to the expansion of your soul self within your heart. Let the light be your teacher in the wisdom of your heart.

NEWS FROM BOULDER

I have opened my meditation and healing center in Boulder. And it's really lovely. I invite you all to the opening party, which will be Jan. 14. (See the info in the upcoming events section below.) I know many of you are too far away to come, but perhaps you will be able to come to a workshop in the future.

I've called this center the Transformational Light Center. It has large windows, a cozy fireplace, and a column of light energy that is palpable. To begin I am offering transformational therapy and light energy healing, light energy meditation classes, soul retrieval sessions, transformational personal coaching, spiritual money coaching for individuals and couples, Embracing Your Power Woman Classes, Money is Love Workshops, and more. Guest teachers will also be on the agenda. I'm talking to some very exciting teachers and healers from all over the country, and I'll keep you abreast of who's coming as things are confirmed.

I have some wonderful neighbors in the building where my center is housed. One neighbor, Terri McCleary, will be co-hosting the opening party with me. She does Quantum Biofeedback, Healing Touch, Reconnective Healing, and Flower Essences.

If you are coming to the party, please RSVP by replying to this email or by phone at 303-444-2367.

UPCOMING EVENTS:

OPEN HOUSE PARTY to Celebrate the opening of the new meditation and healing center – TRANSFORMATIONAL LIGHT CENTER
January 14, 2007 – 4:00 PM – 7:30 PM - 3333 Iris Ave. Suite 207, Boulder, CO.
Please call 303-444-2367 to RSVP or by email bwildone@earthlink.net

WHITE LIGHT ENERGY MEDITATION COURSE -

Beginning January 18, 2007 – 6:30 – 8:00 – 4 sessions on 4 consecutive Thursdays 1/18, through 2/8 - at the Transformational Light Center – 3333 Iris Ave. #207. Boulder, CO

\$100 (Visa and MC okay)

Call 303-444-2367 for more information and to register.

Barbara leads this introduction to Light Energy meditation and healing work.

Learn to direct light through your body and consciousness to open yourself to your own lighted purpose.

(Continuing more advanced light energy meditation courses will follow this. This is the prerequisite for further classes.)

EMBRACING YOUR POWER WOMAN 13 Week Course – based on my book of the same name. Read more about the book and course at the website.

www.barbarawilder.com

February 5 – May 7 – Monday Evenings 6:30 – 9:00 – Transformational Light Center, 3333-Iris Ave. #207, Boulder, CO

Boulder, CO \$275 (Visa and MC okay)

Call 303-444-2367 for more information and to register

Join Barbara Wilder and a circle of women to explore the Eleven Points of Power on the path to uncovering, discovering and embracing your Power Woman using meditation, interactive discussion of each week's chapter, and much more as you listen to the wisdom of your fellow travelers on the path to peace, joy, enlightened leadership, success, and freedom.

NOTE: Though 13 weeks seems like an awfully big commitment, please know that the deep transformative experience that you will have will be worth the investment of time. I promise you.

NEXUS HOLISTIC EXPO – February 11, 2007 – 10:00 AM - Millennium Harvest House Boulder - 1345 Twenty-Eighth Street, Boulder, CO, 80302

I'll give a keynote address at this two day Body-Mind-Spirit Expo. I'll speak about Women of Spirit and Action. Click here to learn more about this exciting 2 day Expo. <http://www.nexuspub.com/holisticexpo.htm>

MONEY IS LOVE – One Day workshop – March 4, 2007 – 10 AM – 4PM – Transformatonal Light Center – 3333 Iris Ave. #207 – Boulder, CO 80304 -\$95 Visa and MC okay. Call 303-444-2367 for more information and to register

Based on my book, *Money is Love: Reconnecting to the Sacred Origins of Money*. This is more than a prosperity workshop. It will help you open your heart and your bank account to more light, more, love, and more abundance. This work is both personal and global. As we bring light and love, and abundance, into our personal finances we simultaneously expand light and love through the planetary economy to help end poverty in the world through transformational light healing.

To learn more about Money Is Love, go to the website www.barbarawilder.com

ESALEN INSTITUTE – 5 DAY INTENSIVE WORKSHOP – EMBRACING YOUR POWER WOMAN – August 27 – 31, 2007 Big Sur, California - to learn more and to register click here <http://www.esalen.org/> (This workshop may not be on their website yet. I'll let you know when it is.)

Older women have not been valued in the past. This workshop will help you move out of that crippling myth to discover your power, creativity, and valuable purpose in the second half of life.

Participants will focus on the powerful changes that occur at mid-life and discover that this is the most creative and exciting phase of their lives. With the death of the childbearing biology in menopause a brand new woman is born. Baby boomers are creating a new stage of life between motherhood and the crone years. The Power Woman stage.

Using the tools of meditation, journaling, interactive discussions, and games, you will explore the urges you feel at mid-life to change your life. You will reconnect with your teenage self to re-discover the unfulfilled dreams that hold the seed of your Power Woman purpose. And you will learn to embrace your beauty, your wisdom, and step up to make a difference in the world.

**OMEGA INSTITUTE – Five Day Intensive Workshop – MONEY IS LOVE:
Reconnecting to the Sacred Origins of Money –**

September 1 – 5, 2007 –

Omega Institute – Rhinebeck, New York To learn more and to register click here www.Eomega.org (This may not be on their website yet. I'll alert you when it is.)

This workshop teaches how to heal the wounds that keep you from knowing that you are a magnificent child of the universe who deserves all the wondrous abundance the world offers you. Barbara will teach you the difference between wealth based on fear, and true-wealth based on love and prosperity for all. You will learn specific meditation and journaling techniques that will give you the power to transform your own life and begin to live a life of peace, joy, and prosperity.

And then the workshop will go further. Barbara will introduce you to the exciting new message that MONEY IS LOVE. You will learn how to transform all the money that moves abundantly through your life into love that can help create global healing, peace, and prosperity.

Products at www.BarbaraWilder.com

1. *Money Is Love – the book - \$9.95 plus shipping & handling*
2. *Money Is Love – on CD (2 CD Set) - \$15.95 plus s & h*
3. *Money is Love 30 day workbook – E-booklet - \$5.00*
4. *Embracing Your Power Woman – the book - \$19.95 plus s&h*

Services –

To schedule a workshop or a talk in your community see the Workshop page on the website and then contact Barbara at info@BarbaraWilder.com or by phone at 303-444-2367

Private Transformational Therapy Sessions with Barbara Wilder

- Barbara, an ordained minister and facilitator of spiritual growth and transformation for over 15 years, works with you on any personal issues that are troubling you - to move the energy and help you release the blocks . She guides you into a deeper understanding of your own process so that you can open up to the true beauty and peace within yourself.

Contact Ms. Wilder to set up an appointment. 303-776-3838. \$100.00 per hour. ***In person or by phone.***

Life Coaching and Money is Love Coaching – in person or by phone - 303-444-2367

Work with Barbara by phone or in person on your own empowerment, prosperity, and finding your true life's path.

Write to us at info@BarbaraWilder.com with your comments and questions.

May you find the powerful inner-truth and beauty that resides within yourself and let it shine through you and into the world.

Please feel free to send this newsletter to anyone who you think you might enjoy it.

With love and light,
Barbara Wilder

(To subscribe or un-subscribe to the list please hit reply and make your request.)

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