

JUNE 2003

Dear Ones,

What incredible and powerful times we are living in. I am very happy to be able to be in contact with you all to share some of my insights as we all make this amazing journey across the threshold and into the new era. This newsletter will come out periodically, and I hope that you enjoy and benefit from its contents.

**Blessings to you and may you find peace, joy, and prosperity in your life,
Barbara Wilder**

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- **Dec. 5, 2003 - Money Is Love Presentation – Memorial Hospital of South Bend – So. Bend, IN**

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Words of Wisdom - Mahatma Gandhi said:

“I must become what I wish to see in the world.”

Editorial

Simple Old-fashioned Courage

By Barbara Wilder

Plato said, “Courage is knowing what not to fear.” Since 9/11 the majority of Americans have lost all sense of that and have become overwhelmed by fear. When the attacks first happened we banded together and sent love and money to the heroes of 9/11, those people who had the courage to go into the towers and subsequently lost their lives in the attempt to save others. I wrote an article at the time in which I applauded the American people for not succumbing to fear, anger, or revenge. But in that same article I warned that, “the ...humane focus of the people must be nurtured and supported to keep it from drowning under the constant barrage of fear and revenge that the government and media are foisting upon us in unprecedented doses.” Unfortunately, few of us have been able to sidestep the fear completely.

More of us have been swept up into it, and it is this generalized sense of being under attack that is permeating our lives unconsciously due to the fallout of 9/11.

In your personal life the fear may be manifesting in the loss of your job, your savings, sickness, depression, anxiety, or disintegrating relationships. In our society it is manifesting in government usurping our rights and freedom as we succumb to the constant barrage of fear mongering.

It's time to step out of the fear and begin to rebuild our lives and our country. As spiritual people we may think we're doing all we can. Still we may feel overwhelmed by the enormity of the task. Meditation, prayer, positive thinking, are the tools that many of us use on a daily basis, but for a lot of people I've talked to these tools seem to have lost their potency. But it's not the tools that have lost their power, it is simply that many of us have forgotten that to overcome adversity it takes more than tools, it takes courage.

Courage is a word that isn't part of our collective vocabulary at present. It seems like an old-fashioned word, something from World War II or the maybe the Civil Rights Movement. The 80s and 90s in America wasn't a time that required great courage. It may have taken guts to make a killing in the stock market, but moral courage, the courage to stand up against our worst fears and persevere no matter what the cost, was not in the national emotional lexicon in the economic boom days.

Now, we must rediscover moral courage and introduce it into both our private and our public lives. If you think you're up to the task, you must first and foremost take control of your emotional state by making a commitment to not let fear run your life. Take a spiritual, mental, and emotional stand against fear, and for love, light, and truth. Then, reach down to your core and find your own courage. Do not try to imitate someone else's courage. We each have our own, and it's the only kind that works. Franklin Delano Roosevelt said in the early days of World War II, "There is nothing to fear but fear itself." It is still true. It is the fear that is keeping you from being courageous. Face the fear and then, with the power of your own courage, move through it.

This is a powerful time. The great challenges are here to create great warriors – warriors of light. Now is the moment to pick up your shield of love and your sword of light and cut down the only enemy there is, Fear. Stand in the love and the light and turn your thoughts to courage. You will prevail. Good will prevail. At the time of new beginnings there is great danger, but there is also the greatest potential for good. It is the time for new heroes. To become one you must have courage.



UPCOMING EVENTS

July 8 - Monthly Peace Meditation – Boulder, CO

Time: 7:00 PM - 8:00 PM

Contact: Barbara Wilder & Parker Johnson
Phone: 303-776-3838
Email: BarbaraWilder@moneyislove.com

Location: Contact Barbara Wilder for Location and directions BarbaraWilder@moneyislove.com

Information:

Barbara Wilder leads a light energy meditation that will help you heal your own inner turmoil, bringing peace to your own life, while sending healing light throughout the world to help transform the energy that promotes war and violence into the energy that promotes peace and love. This is an open invitation to all who would like to join us in the spirit of peace.

Admission is Free

Please be on time.
RSVP by email to let us know you'll be there.

July 17 - The Yoga of Money Mini-Workshop – Boulder, CO

Time: 6:00 PM - 8:30 PM

Contact: Sara Gutterman
Phone: 720-304-6223
Email: BarbaraWilder@moneyislove.com

Location: [The Natural Body Shop](#)
[5353 Manhattan Circle, Suite 201](#)
[Boulder, CO](#)
(click for map)

Information:

Mini-workshop at The Natural Body Shop.

Join Barbara to learn a radical new perspective on money and how you can become a modern-day alchemist, turning money into love to heal your own relationship with money and promote personal and global peace and prosperity at the same time. Everything is part of the sacred dance of life. Especially money! Money is nothing more and nothing less than the energy that is exchanged between people for the purpose of surviving and thriving on this earth.

In this workshop we will reconnect with the sacred origins of money, using meditation, and games, to bring money back into the sacred circle of life and create peace and prosperity for all.

Fee: \$30.00 (MC & Visa ok)

Bring a one-dollar bill & a note pad and pen.

Ms. Wilder will be available to sign copies of her books after the workshop

July 19 - In the Company of Powerful Women Workshop - Boulder, CO

Time: 10:00 AM - 5:00 PM

Contact: Lynn Chandler
Phone: 303-543-2185
Email: Chandler38@msn.com

Location: [Colorado School of Energy Studios](#)
[100 Arapahoe Ave. Suite #4](#)
[Boulder, CO](#)
(click for map)

Information:

In the Company of Powerful Women: A workshop for women in the second half of life.

Treat yourself to a summer day just for you. In a serene wooded setting, beside a sparkling creek, spend the day designing a blueprint for the second half of your life.

Come away with:

- Enhanced self-love & self-trust
- Exciting new ways to envision your future
- New insights into your life's true purpose

- A heightened sense of your own worth and power.
We will play games, meditate, do exercises, and have wonderful discussions.

Fee: \$85 on or before July 12. \$100 after July 12 and at the door. (Visa & MC ok)
Bring a sack lunch and a notebook and pen for journaling.

Sept. 20 - Standing in Our Power as Women Workshop – Boulder, CO

Time: 10:00 AM - 5:00 PM

Contact: Lynn Chandler
Phone: 303-543-2185
Email: Chandler38@msn.com

Location: [Colorado School of Energy Studios](#)
[100 Arapahoe Ave. Suite #4](#)
[Boulder, CO](#)

Information:

Standing in Our Power As Women - A day-long workshop for women of all ages. Barbara Wilder leads this empowering workshop where you will learn about our powerful women ancestors, look at how women relate in the world and how privately and collectively we can begin to feel the true power of our magnificent feminine natures. Meditation, Journaling, Games, and much more.

Fee: \$100 (Visa & MC OK)

Products at www.moneyislove.com & www.powerful-women.net

- 1. Money Is Love – the book - \$9.95 plus shipping & handling**
- 2. Money Is Love – on CD (2 CD Set) - \$19.95 plus s & h**
- 3. In the Company of Powerful Women – the book - \$34.95 plus s&h**

Services –

- 1. Workshops with Barbara Wilder – see above or Calendar of events at www.moneyislove.com & www.powerful-women.net**
- 2. Private Intuitive Counseling Sessions with Barbara Wilder - Barbara, an ordained minister and facilitator of spiritual growth and transformation for over 15 years, works with you on any personal issues that are troubling you - to move the energy and help you release the blocks . She guides you into a deeper understanding of your own process so that you can open up to the true beauty and peace within yourself. Contact Ms. Wilder to set up an appointment. 303-776-3838. \$100.00 per hour.**

Write to us at BarbaraWilder@moneyislove.com with your comments and questions.

May you find the powerful inner-truth and beauty that resides within yourself and let it shine through you and into the world.

Many many blessings,
Barbara Wilder

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