

## **BARBARA WILDER'S NEWSLETTER – OCTOBER 2008**

"Let it be. Let it be. Let it be. Oh, let it be. Whisper words of wisdom, let it be." That's the song that has been going through my head for the last several days. I think I might add some new lyrics. "Let it fall. Let it fall. Let it fall, Oh, let it fall. There will be a healing, let it fall." There is an old Chinese curse that says, "May you live in Interesting times." Well, these are certainly interesting times. And you may be saying, enough already, with these interesting times. But you can also see this as a time for great celebration. The old ways are dying. They are literally falling apart. Politicians are trying to save the old, but there is no way. The old *fear and greed* economy is no longer viable. It is over. It's time for a change. Yes, a very big change. A change that is so immense that our poor little brains can't conceive it. But our hearts can. Our hearts have the capacity for great love. And it is great love that will heal our economic woes. Nothing more and nothing less than Great Love. Great love for yourself, and for all your sisters and brothers throughout the world. This is what is called for now. And it's not easy. But this is what we are being asked to do. This will heal the crisis. So, it's a time for deep soul searching and deep heart healing. And immense trust in the sacredness of our holy universe.

As you read the essay, and meditation today, try to let your brain relax a little and ask your heart to do the comprehending.

With love, light, and abundance for ALL,

Barbara

P.S. Please send this newsletter to anyone you feel might benefit from it. :)

### **TRUE WEALTH IS BUNDANCE THAT DOES NOT CREATE SCARCITY."**

**-Rabbi Nilton Bonder from "The Kabbalah of Money"**

Back in the eighties when the era of greed took center stage in the United States there was a movie called *Wall Street*. I actually worked on it in post-production. I had to watch it four or five times a day to check the prints for flaws. It was the most difficult film I ever had to watch multiple times, because it was so mean. But there it was, up there on the big screen boldly bragging about how great greed was. And a whole lot of people took up that banner of greed and seemed to thrive through the next twenty some years. And as I think about it even now, I feel the bile rising in my throat, as I remember how cruel that era was. Such a terrible reversal from the sixties' and seventies' era of love. And it wasn't just on Wall Street. It permeated every part of our society. Children in our cities even began killing each other for \$100 pairs of sneakers.

Those without a lot of money were disdained, considered not hip enough to be rich. It was a rich man's world. Today's mortgage crisis was precipitated by the crazy belief that everybody should own a house. If you didn't, you just weren't living the American dream. And if you didn't have a lot of money, and that meant, not just enough money to pay your bills, but enough money to have a great many luxuries, there were plenty of "abundance gurus" teaching you how to get rich by using their "unique" takes on positive thinking.

The money gurus got rich, while very few of their followers did. And when people had gone to enough money gurus and still hadn't gotten rich their self-esteem, which wasn't very high in the beginning plummeted to the depths.

This is the era that is finally ending. This is an era that was built on false promises by the most greedy people of our society. And this is the era that will not be saved. Bailouts won't help. It's over. It's done, and it's time for the new era to emerge. The new era based on love, goodwill, and abundance for ALL.

Humpty Dumpty has fallen off the wall, and all the king's horses and all the king's men can't put him back together.

A couple of days after September 11, 2001, as I was channel surfing in an attempt to see something other than the towers falling again and again, I stumbled upon a rerun of a 1988 Bill Moyers series in which he interviewed Joseph Campbell, the great interpreter of world mythology. Just as I clicked on, Campbell was in the process of explaining how throughout history we can tell what is informing a society by what the tallest building in town is. He said that in the Gothic period it was quite evident that spiritual concerns were the main focus of the culture, because the Cathedral was the tallest building. In the 17th and 18th centuries it was politics, represented in the princely palaces, and now, he said - and it was at this point that he began gesturing with both his hands - now our focus is on commerce and our economic life. And he raised his hands drawing two towers in the air in front of him. And I thought, yes, but on September 11th with the loss of our culture's greatest symbolic structures, the focus of our society changed forever.

And for a few weeks the embryo of the new era, the era of love and abundance for ALL, was apparent. Though we were hurt and angry, the main emotion that was shared by the majority of Americans was love and care for those who had lost their lives. And we showed this love and care by sending over one billion dollars in the first four weeks after 9/11 to the families who lost their loved ones.

That was our truth. That is the new truth. But just because the symbol fell, we still had a few years to go for the LIGHT to root out the power-mongering, greed, fear, hate, and destruction that was the foundation of that era. And we certainly have seen it. That was the Great Purpose of the the last few years. To bring into our conscious awareness the shadow side of the American Dream. Unearthing the dirty truth that our wealth was built on war and corporate greed.

But it is over now. The symbols of our greedy economy fell in 2001, and now, seven years later (a very sacred number of years) the substance of that greedy economy has collapsed. And it will not be revived. It can not be. Have you ever wondered why nothing has been built on the ruins of the World Trade Center Towers? It's been seven years, and as much as people have tried, nothing has been erected, because it's over. And just like the towers the old economy will not be rebuilt.

## **And this is a cause for great celebration!**

But how, you wonder, can you celebrate when you are afraid that your pension fund may be no more, that your mortgage may be foreclosed on, that your life savings may be lost?

It is time for radical trust. Ask yourself what you believe in beyond the economy? Do you believe in a higher power? Do you believe in your own inner strength? Do you believe in the LIGHT?

I have been writing and speaking about transforming the economy of fear, greed, anger and scarcity into an economy of love, joy, goodwill, and abundance for ALL for the past twelve years. All we have to do is change our hearts. Not our minds. Our minds are stubborn. But our hearts know that there is enough abundance in this abundant universe for everyone. The way to access this abundance is to simply change the way we enter into every financial transaction from the simplest, buying a loaf of bread, to paying bills, taxes, and investing. Instead of entering into these transactions filled with trepidation and doubt, enter into them with love and trust. See the person on the other side of the transaction as a part of all Goodness. See yourself as a part of the great flow of the loving universe. Enter the the flow of love and light through the portal in your heart.

To enhance this process you will also have to heal some parts of yourself that are still caught up in the greed and fear economy consciousness. Don't be alarmed. You are not alone. We all have healing to do. But we can release from it very easily once we know what to look for.

Take some time to meditate or journal about your own feelings of fear, and greed, and anger.

- What part of yourself has not been as generous in your dealings with others?
- When have you not been accountable for your actions?
- Have you taken what is not yours, and justified it?
- Have you not been grateful for all that you have?
- Is there a corporate fat cat lurking somewhere within you that says "me first" and the hell with the rest of you?

True wealth is abundance that does not create scarcity. The way that sacred truth can exist, is when we live in the flow of love. If we are grateful for all the wonders of our great earth. If we love our brothers and sisters as we love ourselves. If we stop feeling like victims of those other people, whomever they may be, the democrats, the republicans, the whites, the blacks, the men, the women, the Israelis the Palestinians, the Russians the Georgians.

Look at yourself. Open your heart. Ask for divine guidance. All you have to do is ask for it, and it is there. Trust in a greater intelligence. There is a divine plan. We are living through the most transformational times in history. We have all we need within our own souls.

Meditate, pray, love, be grateful, be accountable, be generous, be kind.

Lie back on the flow of the great love of the universe and surrender. Be present in every moment. Don't give in to anger or fear or hate. Watch without judgement, and you will find peace.

Money was originally sacred. It is the way that money is meant to be. Love is the universal divine truth. The love of the universe is unlimited. Money is Love.

## **MONEY IS LOVE MEDITATION**

Begin the meditation by taking several deep breaths. Let your body sink a little deeper into your chair. And feel yourself held and supported by the chair and the floor beneath your feet. Relax a little deeper and let yourself become aware that you are being held, not only by the chair, but in the arms of the Divine Mother. Let yourself relax into her great embrace. Feel her loving you, caring for you, supporting you, and honoring you. Open your heart and let this immense love in. Now, experience that you are surrounded by the Divine Father. Feel him protecting you, believing in you, standing up for you, and loving you. Open your heart and experience this immense love.



Now, allow yourself to dive into a great sea of light. Feel yourself diving deeper and deeper until you reach a portal of Royal Purple light. Let yourself slip through the portal and into the Royal Purple light.

Direct your heart to open and drink in the Royal Purple light. This is the energy of abundance and goodwill for ALL. Let all of your fears of not having enough be consumed in this light. Let heart open to your own True Wealth.

After a few minutes swim out through the portal, filled with your new abundant light. Swim up through the sea of light and into the new moment.

Feel your abundant self filled with the Royal Purple light of the new era.

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Do this meditation daily and it will help you experience the joy of true abundance.

## **THE MANTRA**

Money is Love. I am Love. I am True Wealth.

**Have a healing day. You are love. You are light. You are the abundance of the new era.**