

## WORDS OF POWER FROM BARBARA WILDER SUMMER 2005

Dear Friends,

I hope that you are all enjoying this wonderful time as we approach this particular Summer Solstice. It is a rich time. There is so much happening in the cosmos that is supporting our growth and our spiritual and emotional evolution both personally and universally right now. I'm so excited to be alive at this amazing time in history/herstory. Many people are feeling both the joy and the challenge of this time. This can make for a some confusion, but it is my feeling that we are all moving very quickly and powerfully into alignment with our purpose. The challenges we're facing now, are what I believe to be the last minute adjustments we need to make to stand deeper in our own truth as we participate in the great paradigm shift.

Both men and women are being asked now more than ever before to look inward to experience the inner love story that is playing out between our Yin and Yang - Masculine and Feminine - Magnetic and Dynamic inner selves. Like in any partnership, there are the ups and downs, but when the relationship is worth keeping we work through the challenges. That is what I believe we are being asked to do now with our own personal inner partnership.

There is a **Yin Yang Meditation** in my new book ***EMBRACING YOUR POWER WOMAN***, that you can use to bring light and transformation into your inner partnership. When we have healed our own inner partnership, we will begin to see our outer partnerships becoming brighter and lighter too.

### **BOOK EXPO AMERICA**

I'm happy to announce that I had several book signings for the new book, ***EMBRACING YOUR POWER WOMAN***, at Book Expo America the first weekend in June in NYC, and the book was very well received. I'm hoping this will result in many more women learning about the book and using it to help them step even more firmly and joyfully into their power and purpose.

### **BARBRA INTERVIEWED BY SHIRLEY MAC LAINE ON HER INTERNET RADIO SHOW**

It is a little late to notify you for this week, but I wanted you to know that I will be interviewed by Shirley MacLaine on her Website Radio Show tonight, Sunday 6/19 at 7:00 PM Pacific Time. It is a two part interview, (One hour each) and the second part will be aired next Sunday night, 6/26 7 PM Pacific Time.

We will be talking about my new book ***EMBRACING YOUR POWER WOMAN: Coming of Age in the Second Half of Life***. At the end of the show on the second Sunday 6/26 - I will lead the Yin Yang meditation from the book.

To listen go to [www.ShirleyMacLaine.com](http://www.ShirleyMacLaine.com) Then go to IE Radio. (You must be a member of Shirley's website to listen, and for that there is a small fee.)

I must tell you that **Shirley's site is an illuminating place to visit.** It is quite extensive, with a huge archive of fantastic interviews with many of the top authors, as well as articles about a multitude of fascinating subjects. Parts of her site are free, and other parts require membership. So you may want to take a moment and check it out [www.ShirleyMacLaine.com](http://www.ShirleyMacLaine.com)

Also, take a look at my new website, [www.BarbaraWilder.com](http://www.BarbaraWilder.com)

## UPCOMING EVENTS

**International New Age Book Show** - Denver, Colorado - June 25 - June 27 -  
Booksigning - June 25 - 10:00 AM Main Signing Area  
Booksigning - June 26 - 12:00 Noon - New Leaf Booth

**Open Secret Bookstore** - San Rafael, CA - August 3, 2005, 7 PM –  
Talk and Booksigning  
923 C Street  
San Rafael, CA  
Phone: 415-457-4191

**East West Books**  
San Francisco Bay Area, CA - August 4, 2005 – Talk and booksigning  
324 Castro St.  
Mountain View, CA  
1-800-909-6161

**East West Books** -Seattle, WA - August 30 - Talk and booksigning.

\* Please check the website periodically for more information about times and locations of these and other upcoming events.

## CONNECTING WITH YOU

Let me know how you are doing. I am always anxious to hear about your insights and your progress on this miraculous path that we call life on earth.

With much love and light,  
Barbara

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Wild Ox Press & Communications  
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I am proud to announce the release of my new book,  
"Embracing Your Power Woman:

Coming of Age in the Second Half of Life."

Please visit my website to learn more about it.

[www.BarbaraWilder.com](http://www.BarbaraWilder.com)

"If nonviolence is the law of our being, the future is with the women."

-- Mahatma Gandhi